






 **Mapping 2019-nCoV Tool: [Coronavirus COVID-19 Global Cases by the Center for Systems Science and Engineering \(CSSE\) at Johns Hopkins University \(JHU\)](#) (*link*)**
 Reference: Dong E, Du H, Gardner L. An interactive web-based dashboard to track COVID-19 in real time. *Lancet Infect Dis*; published online Feb 19.
[https://doi.org/10.1016/S1473-3099\(20\)30120-1](https://doi.org/10.1016/S1473-3099(20)30120-1).

| Organization/Source: | Resource Appropriate For: | Link & other related information: |
|---|---------------------------|--|
| <p>Ravenswood City School District</p>  | <p>All</p> | <p>COVID-19 (2019 Novel Coronavirus) District Updates (<i>ongoing updates</i>)</p> <p>RCSD PBIS Resources Folder</p> <p>Virtual PBIS: Google Forms - it can be modified for specific school sites if needed</p> <p>PBIS Incentives & Other Tools for Distance Learning</p> |
|  <p>San Francisco 49ers Academy</p> | <p>All</p> | <p>49ers Academy COVID-19</p> <p>49ers Academy COVID-19 Resources (<i>Spanish</i>)</p> |
|  <p>Culturally Responsive Teaching & The Brain</p> | <p>Educators</p> | <p>Culturally Responsive Teaching & The Brain - COVID-19 WEBINARS</p> |

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| <p>MindSpark Learning</p>   | <p>Educators</p> | <p>MindSpark Learning Free Online Toolkit - provides PD, tools and community you may need during this time (link):</p> <ul style="list-style-type: none"> ☐ Distance/Remote Learning FAQ <ul style="list-style-type: none"> ☐ Prepare and Connect with Fellow Educators, Spotlight Training Courses ☐ Coffee Chats (informal Coffee Chats, similar to Office Hours) - a platform for educators to voice concerns, work through and discuss common issues and collaborate with other educators from around the country <ul style="list-style-type: none"> ☐ Stay Engaged with Online Professional Development (free online PD opportunities) <ul style="list-style-type: none"> ☐ Resources, Tools and Activities for Families ☐ Inexpensive STEM Activities for around the house |
| <p>Parents Helping Parents</p>  | <p>All</p> | <p>PHP Calendar of Events [Upcoming support groups/trainings at, live zooms, hosted by PHP's and partner agencies]</p> <p>Parents Helping Parents sends out an email of upcoming trainings and cherry picked resources every Monday. You can subscribe to their newsletter here: https://www.php.com/stay-informed.</p> <p>There is a list of special needs specific COVID-19 resources at: https://www.php.com/covid-19-additional-resources-information</p> |
| <p>Second Step (Social-Emotional Learning)</p>  | <p>Educators & Parents</p> | <p>Free Live Webinars (sign up here)</p> <p>Remote-Instruction Guidance for Early Learning–Grade 5</p> <p>Detailed Guidance for Kindergarten–Grade 8</p> <p>Free Social-Emotional Learning Activities: There are a number of Second Step activities freely available online for children ages 5–13. Many of these are adaptable for remote learning or for families to do at home with their children.</p> <p>Second Step Social-Emotional Passport: The Second Step SEL Passport is a great SEL reinforcement activity for students to do at home. Integrate this activity into your remote-learning plan or share it with families as a fun resource.</p> <p>The Imagine Neighborhood: This new podcast for families is designed to help children and grown-ups practice their social-emotional skills. Each episode tells a story that’s amazing, fantastical, and maybe a little bananas, while it tackles the big feelings that come with growing up.</p> |



Mind Yeti®: Fifteen mindfulness program sessions are now available for anyone to use, no experience necessary! Designed for educators and families to do alongside children, or for older children to do on their own, Mind Yeti provides a great way for everyone to practice mindfulness during this difficult time.

[Mind Yeti on Vimeo: English | Spanish](#)

[Mind Yeti on YouTube: English | Spanish](#)

[Mind Yeti Podcast: RSS Feed | Spotify | Stitcher](#)

Little Children, Big Challenges: Committee for Children and Sesame Street have partnered to create a collection of resources for young children facing significant challenges. These materials, aimed at building children’s resilience, may be useful for educators and families.

Captain Compassion®: Here, children can find games, comics, and activities they can do on their own, or with their families, to learn about how they can help stop bullying.

Hot Chocolate Talk: A resource to help families talk with their children about child sexual abuse. Families may be spending a lot more time together during school closures, which makes this an opportune time to have these difficult but very important conversations.

ParenTeen Connect: For families with older children, this resource provides an online experience they can share together. It’s loaded with videos, resources, and useful advice to help teens and the adults in their lives address hot-button topics.

SEL Posters: Put up a few visual reminders to help your kids name their feelings and learn how to manage them, too!



American Academy of Pediatrics



Professionals and Families

[Books Build Connections Toolkit](#)

[The American Academy of Pediatrics Advises Parents Experiencing Stress over COVID-19](#)

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| <p>American Psychological Association (APA)</p>  | <p>All</p> | <p>5 Ways to View Coverage of the Coronavirus</p> <p>Speaking of Psychology: Coronavirus Anxiety Podcast</p> <p>Psychologists' advice for newly remote workers</p> <p>Pandemic - General Resources</p> |
| <p>California Department of Public Health</p>  | <p>All</p> | <p>CDPH COVID-19 Updates & Resources</p> <p><i>En Espanol</i></p> |

Children’s Health Council



All

CHC Telehealth Services are available!

Contact a Clinical Services Coordinator today to schedule an appointment.



English: 650.688.3625

Español: 650.688.3650



Email: careteam@chconline.org



Crisis Resources for [immediate help.](#)

[CHC Resource Library](#)

For questions on support/resources in East Palo Alto, you can also reach out directly to:

[Divier Wallace, M.A., NCPT, MFTI](#)

Children’s Health Council

Mental Health Services Consultant

P: (650) 492 9214

F: (650) 688 3669

[650 Clark Way](#)

[Palo Alto CA 94304](#)

24-hr Crisis Lines: 855.278.4204 (Santa Clara) | 650.579.0350 (San Mateo) | 415.781.0500 (San Francisco) | 800.273.8255 or Text BAY to 741-741 (National)

Child Mind Institute



All

[Coping During COVID-19](#)

[Enfrentar-el-covid-19-recursos-para-padres](#) *(Spanish)*

[Stress Management Handout](#)

[Managing Problem Behavior At Home](#)

[Helping Children Cope With Frightening News](#)

[Supporting Families During COVID-19](#)



Services being provided for patients currently in treatment:

- Individual and small-group phone/video-conference sessions for patients
- Phone/videoconference consultation with patients’ parents to ensure stability and maintain treatment progress
- Phone/video-conference consultation with educators to provide support for our patients’ engagement with online learning
- Phone consultation with school mental health providers for our patients

Free Services Available to Our School and Community Partners (as clinician bandwidth allows):

- Live educator webinars focused on evidence-based strategies for supporting students’ mental health needs via online learning as well as educator stress management
- Videoconference support groups mediated by Child Mind clinicians for parents or educators
- Phone/video-conference consultation with school mental health professional
- Live social-emotional skill-building workshops for students, adapted with actionable tips for dealing with the COVID-19 crisis
- Capacity-building training for educators or school-based mental health professionals in delivering our social emotional skill-building curriculum
- [Free access to our educator webinars at training.childmind.org on a variety of mental health topics](#)

Expert Resources for Children and Families Everywhere

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| | | <ul style="list-style-type: none"> ❑ Comprehensive resources for parents on childmind.org in both English and Spanish ❑ Twice daily Facebook Live video chats with our expert clinicians ❑ Daily parent tips on childmind.org, Facebook, Instagram, and via email newsletter ❑ Support and information for young people, including clinician tips distributed together with The Jed Foundation and Crisis Text Line and daily empowering content on social media <p style="text-align: center;"><i>*All CMI resources are available in Spanish</i></p> |
| <p>CASEL: Social-emotional resources during COVID-19</p>  | <p>Educators, Parents, Instructional Leaders</p> | <p style="text-align: center;">CASEL</p> |
| <p>Centers for Disease Control and Prevention (CDC)</p>  | <p style="text-align: center;">All</p> | <p style="text-align: center;">Coronavirus Disease 2019 (COVID-19) CDC</p> <p style="text-align: center;">Nuevo coronavirus 2019 (COVID-19) CDC <i>(Spanish)</i></p> <p style="text-align: center;">Preventing the Spread of Coronavirus Disease 2019 in Homes and Residential Communities</p> <p style="text-align: center;">Guía interina para prevenir la propagación de la enfermedad del coronavirus 2019 (COVID-2019) en los hogares y las comunidades residenciales <i>(Spanish)</i></p> <p style="text-align: center;">Resources for Community- and Faith-Based Leaders</p> |

Harvard University



All

[5 Facts About Motivation That Are Often Misunderstood](#)

[How to Motivate Children: Science-Based Approaches for Parents, Caregivers, and Teachers](#)

[Supportive Relationships and Active Skill-Building Strengthen the Foundations of Resilience](#)

[Understanding Motivation: Building the Brain Architecture That Supports Learning, Health, and Community Participation](#)

[Helping Children Cope with Coronavirus and Uncertainty \(video\)](#)

[Resilience Game: Build Resilience in the Community](#)

Provider/Caregiver Resources

Staff

Mental Health Providers:

[A Guide to Transitioning Your Clinic to a Remote Work Environment](#)

[Medicare Telehealth Healthcare Provider Fact Sheet](#)

[Use of Telemedicine While Providing Medication Assisted Treatment \(MAT\)](#)

[Opioid Treatment Program \(OTP\) Guidance](#)

[COVID-19 and Opioid Treatment Programs FAQ](#)

[COVID-19 Public Health Emergency Response and 42 CFR Part 2 Guidance](#)

Webinars, Live Events, and Workshops

[MHA webinar: Older Adults & Isolation during COVID-19](#)

[PsychU webinar: Impact of Novel Coronavirus Pandemic on Mental Health](#)

[Yale webinars: Using emotional intelligence to combat COVID-19 anxiety](#)

[Smithsonian Workshop: Meditation and Mindfulness \(free 30 minute online sessions\)](#)

Telehealth Resources:

1. Simple Practice Learning- free 1-hour training

[Telehealth: Legal and Ethical Issues](#)

2. Telehealth training available for **free with code TELEFREE**

[Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training](#)

***CEUs still may need to be paid for*

Sign up for the waitlist for this Telehealth training:

[Sign up for the Telehealth 101 Waitlist! - The Chicago School of Professional Psychology](#)

[Caregiving for a Person with a Mental Illness](#)

[COVID-19 and Family Caregiving](#)

[Care for Caregivers: Tips for Families and Educators](#)

[Caring for someone at home during COVID-19](#)

[Caregiver Action Network](#)

[National Alliance for Caregiving](#)

For Older Adults:

[National Council on Aging](#)

[Do Your Part to Stem COVID-19: An Intergenerational Call to Action](#)

[Older Adults & Isolation during COVID-19](#)

For ABA Providers:

[Maintaining Treatment Integrity in the Face of Crisis: A Treatment Selection Model for Transitioning Direct ABA Services to Telehealth](#)

[Ethics Guidance for ABA Providers During COVID-19 Pandemic](#)

[#DoBetter Movement Webinar Details \(BCBA CEUs\)](#)

[CASP: Telehealth and Crisis Management Guidelines](#)

[TeleHealth Documents](#)

[Steps for Implementation: Functional Communication Training](#)

[Functional Communication Training: A Review and Practical Guide \[ABAI\]](#)

[From Helpless to Hero: Promoting Values-Based Behavior and Positive Family Interaction in the Midst of Covid-19](#)


[Ethical Advocate for Accurate Application & Dissemination of Behavior Analysis](#)




[Navigating technology for ABA teletherapy](#)



[A Model of Support for Families of Children with Autism Living in the COVID-19 Lockdown: Lessons from Italy](#)

[Parent Training: Everyday ABA \[Boston Medical Center\]](#)

[An Essential Service Decision Model for Applied Behavior Analytic Providers During Crisis](#)

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| | | <p>Do Better Movement: ABA TELEHEALTH RESOURCES (GOOGLE DOC)</p> |
| <p>Yale University - <i>Free class</i></p>  | <p>Educators/Staff PD</p> | <p>The Science of Well-Being</p> <p>“In this course you will engage in a series of challenges designed to increase your own happiness and build more productive habits. As preparation for these tasks, Professor Laurie Santos reveals misconceptions about happiness, annoying features of the mind that lead us to think the way we do, and the research that can help us change. You will ultimately be prepared to successfully incorporate a specific wellness activity into your life.”</p> |

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| <p>Resilience and Wellness Tools for Educators/Staff</p>   | <p>Educators/Staff</p> | <p>Building a Self-Care Action Plan: https://rems.ed.gov/docs/Building_a_Self-Care_Action_Plan_Handout%5b1%5d.pdf</p> <p>Building a Family Self-Care Action Plan: Confident parents confident kids A site for parents actively supporting kids' social and emotional development</p> <p>Headspace offers free access to all K-12 teachers, school administrators, and supporting staff in the US, UK, Canada, and Australia</p> <p>Educator Well-Being Breathe for Change</p> <hr/> <p>LGBTQ+ Community Resources:</p> <p>HRC Releases Research Brief on the Vulnerabilities of the LGBTQ Community During the COVID-19 Crisis</p> <p>Direct Online and Phone Support Services for LGBTQ Youth</p> <p>Gender Spectrum Lounge: The Lounge is a space for teens, parents, and professionals to connect with one another. Members can form their own groups and participate in our broader online community. Meet new people and connect with friends and colleagues online.</p> <p>PFLAG - San Jose/Mountain View/Palo Alto PFLAG San Jose/Peninsula Location Sunnyvale, California 94087 Contact (408) 270-8182 info@pflagsanjose.org www.pflagsanjose.org PFLAG Brochure (Spanish)</p> <p>San Mateo County LGBTQ Resources</p> <hr/> <p>Mobile Apps - PTSD: National Center for PTSD</p> |
| <p>Center for Positive Behavior Interventions & Supports (PBIS)</p>  | <p>All</p> | <p>COVID-19 Response Through PBIS</p> <p>PBIS at Home: How do you create a Positive Behavioral Support system in your home? Learn the reasoning behind different techniques and how to use them to achieve your behavior goals. Specific examples include: eating dinner, asking for things while grocery shopping, and budgeting to teach children the value of money.</p> |

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| | | <p>English http://www.pbis.org/common/cms/files/pbisresources/behaviorshape.doc Spanish http://www.pbis.org/common/pbisresources/publications/behshapespanish.doc Resource: Responding to the Novel Coronavirus (COVID-19) Outbreak through PBIS</p> <hr/> <p style="text-align: center;">PBIS at HOME</p> <hr/> <p style="text-align: center;">Resources - CV19 Supporting Teachers, Students and Families</p> <p style="text-align: center;">Behavior Teaching Matrix for Parents [English]</p> <p style="text-align: center;">Behavior Teaching Matrix for Parents [Spanish]</p> |
| <p style="text-align: center;">U.S. Department of Education</p>  | <p style="text-align: center;">All</p> | <p style="text-align: center;">FERPA & COVID-19 Response</p> <p style="text-align: center;">COVID-19 ("Coronavirus") Information and Resources for Schools and School Personnel</p> <p style="text-align: center;">Q & A ON PROVIDING SERVICES TO CHILDREN WITH DISABILITIES DURING THE CORONAVIRUS DISEASE 2019 OUTBREAK MARCH 2020</p> |
| <p>Federal government of the United States - Official Web Portal</p>  | <p style="text-align: center;">All</p> | <p style="text-align: center;">Government Response to Coronavirus, COVID-19</p> <p style="text-align: center;">Respuesta del Gobierno ante el coronavirus (COVID-19)</p> <p style="text-align: center;">School Closings Due to COVID-19 Present Potential for Increased Risk of Child Exploitation</p> |
| <p>Tools to Connect with Others - Mental Health America</p> | <p style="text-align: center;">All</p> | <p style="text-align: center;">Social Support: Getting And Staying Connected</p> <p style="text-align: center;">MHA's Inspire Community</p> <p style="text-align: center;"><i>An online community where people can connect with others. MHA hosts a dedicated mental health community, but there are communities related to a variety of topics.</i></p> <p style="text-align: center;">Depression and Bipolar Support Alliance (DBSA)'s Online Support Groups</p> <p style="text-align: center;">Lyf App</p> |



Lyf is a social media app where users share highly personal aspects of themselves without the fear of judgment. It's the one app where you can be yourself or write anonymously and people won't degrade or bring you down.

[Warmlines](#)

Unlike a hotline for those in immediate crisis, warmlines provide early intervention with emotional support that can prevent a crisis. The lines are typically free, confidential peer-support services staffed by those who have experienced mental health conditions themselves. Find a warmline in your area at warmline.org.

[#JustCheckingIn](#)

IDONTMIND started a campaign to connect people who are practicing social distancing and encourage others to join in using the hashtag [#JustCheckingIn](#) on Instagram.

[Bridge Club](#)

Bridge Club is a community-led peer support group for women and gender non-conforming folks who are sober or interested in sobriety. A virtual Bridge Club is available and free to join.

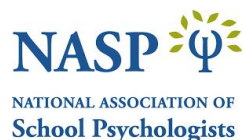
[/r/COVID19-support](#)

This is a subreddit offering help and support for those feeling overwhelmed by the news on COVID19.

[In The Rooms](#)

In The Rooms is a free online recovery tool that offers 130 weekly online meetings for those recovering from addiction and related issues.

Parent Information & Resources



All

What Works briefs from the Center on the Social and Emotional Foundations for Early Learning summarize effective practices for supporting children’s social-emotional development and preventing challenging behaviors. This 4-pager describes practical strategies for helping children learn to manage their own behavior and provides references to more information.

English | <http://csefel.vanderbilt.edu/resources/wwb/wwb7.html>

Spanish | [wwb7_test template](#)

Written by a psychologist who works extensively with children and teens with AD/HD and explosive and defiant behaviors, this article talks about how children and adolescents learn, about misbehavior, and small steps that parents can use to help their child toward better behavior.

[Reinforcing your child's small behavior changes](#)

[Child Trends: Resources for Supporting Children’s Emotional Well-being during the COVID-19 Pandemic](#)

[Common Sense Media: Resources for Families During the Coronavirus Pandemic](#)

[Early Learning Nation: A Parent’s Guide to Surviving COVID-19: 8 Strategies to Keep Children Healthy and Happy](#)

[National Association of School Psychologists: Talking to Children About COVID-19 \(Coronavirus\): A Parent Resource](#)

[Countering COVID-19 \(Coronavirus\) Stigma and Racism: Tips for Parents and Caregivers](#)

[Seguridad y crisis escolar Cómo combatir el estigma y el racismo en torno al COVID 19 \(coronavirus\) Consejos para padres y cuidadores \(Spanish\)](#)

[ZERO to THREE: Tips for Families: Coronavirus](#)

[A story about a child and his experience during the COVID-19 crisis](#)

[COVID-19 Social Story](#)

[Shelter in Place Activities \(Preschool, TK & Kinder\)](#)

[PBS Videos, Songs and Show Segments \(Talking to Your Children about COVID-19\)](#)

[Autism and the Coronavirus: 20 tips](#)

[Parenting in a Pandemic - Damon Korb, M.D.](#)

[Just For Kids: A Comic Exploring The New Coronavirus](#) (NPR)

[The Parent Guide to Resilience](#)

[VIRTUAL ACTIVITIES FOR ALL AGES](#)

[Scholastic Learn at Home Free Resources](#)

[Smithsonian Distance Learning Resources](#)

[Virtual Field Trips from Discovery Education](#)

[TIME FOR KIDS DIGITAL LIBRARY FREE FOR THE REST OF THE SCHOOL YEAR](#)

[High-quality apps you can feel good about using with your child - Madison Public Library](#)

[CLOSEGAP: The first child-facing emotional wellness platform that captures how kids feel and helps parents and educators respond](#)

[\[Closegap is FERPA, COPPA, & HIPAA compliant and a Student Privacy Pledge signatory. For California schools, we're a part of the California Student Privacy Alliance: Check the \[CSDPA database.\]\(#\)\]](#)

Various Resources for Educators & Parents

First Book



edutopia



Educators & Parents

[Online Resources by Category: MATH, READING, GRAMMAR, SCIENCE, HISTORY/SOCIAL STUDIES, TECHNOLOGY, P.E., MUSIC, ART, LIFE SKILLS, FOREIGN LANGUAGE, GAMES, VIRTUAL FIELD TRIPS & BRAIN BREAKS](#)

[Coronavirus: For Educators](#) - Resources to Support Educators & Students at Home

[#COVIBOOK Supporting and reassuring children around the world](#) *(Multiple languages, including Spanish)*

[Students From Harvard, MIT, UC Berkeley Give Free Tutoring To K-12 Students](#)

[7 Ways to Maintain Relationships During Your School Closure](#)

[Technology Integration - Explore new tools and strategies for empowering students to fully participate in a connected, technology-rich society](#)

[Draw Every Day with JJK \[Free Online Art Lessons Daily @ 2PM ET\]](#)

[Virtual Museum Tours - From Your Home](#)

[Zoom Tips for Educators and Digital Service Providers](#)

[Vulnerable students need key adults to fight through isolation](#)

[Tech Against Coronavirus](#) [list of products/apps you can use to maintain collaboration and work remotely with your team]

[Trauma Sensitive Schools Online Professional Development \(Modules\)](#)

[NASA at Home -- For Kids and Families](#)

NASA's [Office of STEM Engagement](#) maintains a wide variety of **materials for students and educators** to learn about NASA programs.

NASA [STEM@HOME](#) has materials and activities for **students in kindergarten through fourth grade** and for [kids in grades 5 through 8](#).

[NASA for Students in Kindergarten to 4th Grade](#)

[NASA Science at Home](#) -- From formal lesson plans to amazing imagery and stories about **how science and exploration are lifting our world**. There will also be ongoing opportunities

to chat and interact with scientists directly.

NASA's [Spaceplace](#) -- videos, activities, crafts and more for kids.

[Learning Space with NASA at Home](#) -- activities for a variety of grade levels.

[Wavelength](#) -- a broad collection of materials about NASA science missions and their research.

...and many more related topics and resources available on NASA website!

[Bookshare](#)- a free subscription is provided with proof of a print disability

[Signed Stories](#)- free audio books designed for elementary readers that are also signed

[60 Second Recap](#)- a 60 second audio/video presentation of classic works of literature

[Online Audio Stories](#)- a collection of elementary audio books

[The Mother Goose Club](#) has a number of rhymes and songs that provide audio support for the text.

[Learn Out Loud](#) - over 2000 free audio and video titles including books, lectures, speeches and interviews.

[Read Print](#) - free online book library with over 8,000 titles that can be read using any free text reader (tested with Natural Reader).

[Storyline Online](#) - online stories read by Screen Actors Guild members.

[Nook Online StoryTime](#) - A list of online stories read by the authors (remember to turn on Closed Captioning)

[Librivox](#) - Audio books in the public domain with human voices

[Project Gutenberg](#)- Text of books in the public domain, also available for mobile devices. Attach text-to-speech and can convert to MP3 format

[CCProse](#) - classic literature in video format, syncs human voiced audio with text. Check out their [YouTube Channel](#).

[Lit2Go](#) - an online collection of stories and poems in MP3 format

[CAST UDL Bookbuilder](#)- Interactive book maker and reader

[Read,Write,Think Student Materials Index](#) - offers dozens of interactive tools

[Pacer Center - Kids Against Bullying Site](#) - very kid friendly

[ZacBrowser](#) - Web Browser designed by a grandfather for his grandson who is on the Autism Spectrum. Appropriate for young children or those with developmental disabilities

[100 Useful Tools for Special Needs Students and Educators](#)

[100 Helpful Web Tools for Every Kind of Learner](#)

[Do to Learn](#) - Free [Feelings](#) and [Emotions](#) Games, excellent for social skills instruction, also check out the [Fire Safety](#) and [Street Safety](#) songs for students with cognitive disabilities. They have added an [Emotions Color Wheel tool](#) which is an incredible resource to help students visually understand their feelings.

[Eyejot](#) - "Video messaging in a blink," video email tool

[Better Fonts](#) - [Dafonts](#) - free fonts

[PDF Creator](#) or [Cute pdf](#) - free PDF conversion tools

[Diigo](#) - a powerful social annotation research tool, with highlighting features and the ability to extract highlights

[Cast UDL Lesson Builder](#) - provides educators with models and tools to create and adapt lessons that increase access and participation in the general education curriculum for all students.

[Checklists](#) - linear alternative to rubrics, easily create guides for students' projects.

[Visual Schedules](#) - best for younger students.

[Note Star](#) - helps organize notes and bibliographies for essays and research papers.

[Audacity](#) - Free, cross-platform software for recording and editing sounds

[Click N Type Virtual On Screen Keyboard](#)

[Pics4Learning](#) - copyright friendly image library for teachers and students

[22 Frames](#) is a new service that provides a central location for locating captioned videos for learning English and for Internet users who have hearing impairments.

[Animated Explanations](#) is a website for finding animated explanations of topics and

concepts in the fields of health, technology, and work.









[Zap Reader](#)- This app allows students to read online text one word at a time as slow as 25 words per minute, it can act like a finger spot holder on the digital page.



[Graphic Organizers, Study Skills Tools, Literacy Tools, Math Tools, Writing & Research Tools](#)

[Soundtrap for Education Offers Extended Trials to Support Schools](#) - Soundtrap for Education empowers students and teachers to explore creative sound recording in all subjects, for all ages and ability levels.

Tools for Parents & Educators:

[Setting up for Success at Home](#)

-  [Setting up for Success at Home Resource Graphic Organizer](#)
-  [Setting up for Success at Home Resource 1 - Plan for Safety First: Set Routines](#)
-  [Setting up for Success at Home Resource 2 - Schedule for Success](#)
-  [Setting up for Success at Home Resource 2.1 - Schedule Template \(editable\)](#)
-  [Setting up for Success at Home Resource 3 - Set and Teach Expectations](#)
-  [Setting up for Success at Home Resource 3.1 - Expectation Matrix Template \(editable\)](#)
-  [Setting up for Success at Home Resource 4.1 - Behavior Specific Praise Checklist](#)
-  [Setting up for Success at Home Resource 4.2 - Choice Checklist](#)
-  [Setting up for Success at Home Resource 4.3 - Precorrection Checklist](#)
-  [Setting up for Success at Home Resource 4.4 - Active Supervision Checklist](#)
-  [Setting up for Success at Home Resource 5 - Emotional Well-being](#)

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| | | <ul style="list-style-type: none"> ❑ Teleteaching Tips for Educators: Designing for Success! ❑ Teleteaching Tips for Educators: Implementing with Success! |
| <p>San Mateo County Office of Education</p>  | <p>All Staff</p> | <p style="text-align: center;"><u>Zoom HIPAA Compliance Guide</u></p> <p style="text-align: center;"><u>FERPA Guide</u></p> <p style="text-align: center;"><u>An Analysis of CDE’s and OSERS’ Most Recent Guidance for Serving Students with Disabilities During COVID-19 Related Closures</u></p> <p style="text-align: center;"><u>Curriculum and Instruction Resources for Distance Learning</u></p> <p style="text-align: center;"><u>Amazing Educational Resources during School Closures</u></p> <p style="text-align: center;"><u>San Mateo County - Shelter in Place Mental Health Resources</u></p> <p style="text-align: center;">Talking to Kids about COVID-19: <u>English (Grades K-5)</u>, <u>English (Grades 6-12)</u>, <u>Spanish (Grados K-5)</u>, <u>Spanish (Grados 6-12)</u></p> <p style="text-align: center;"><u>San Mateo County Health - Symptoms and When to Seek Medical Care -video</u></p> |
| <p>Substance Abuse and Mental Health Services Administration</p>  | <p>All</p> | <p style="text-align: center;"><u>SAMHSA Resources and Information - COVID-19</u></p> <ul style="list-style-type: none"> ● <u>National Helpline</u> 1-800-662-HELP (4357) Treatment referral and information, 24/7. ● <u>National Suicide Prevention Lifeline</u> 1-800-273-TALK (8255) Free and confidential support for people in distress, 24/7. |
| <p>East Palo Alto/BH Safety Net Resources (COVID-19)</p> | <p>All</p> | <p style="text-align: center;"><u>Safety Net Resources Link to Main Google Document (East Palo Alto)</u> <i>This document is updated daily by the Peery Foundation (contact e-mail nora@peeryfoundation.org)</i></p> |
| <p>Conscious Discipline</p> | <p>All</p> | <p style="text-align: center;"><u>Five Helpful Responses to COVID-19 for Families:</u></p> |



1. Young children co-regulate with trusted adults and older children feed off our internal states (*Helpful Free Resources*):

- Printable: [I Can Handle Scared Social Story](#)
- Printable: [Mi Libro: yo puedo con mi miedo](#)
- Printable: [How Do You Feel Chart](#)
- Webinar: [The Safe Place at Home with Nicole Mercer](#)
- Webinar: [Seeing Conscious Discipline in the Home with Nicole Mercer](#)

2. Focus on safety and connection (*Helpful Free Resources*):

- Printable: [Why Can't I Go to School? Social Story](#) (18 languages)
- Printable: [Story Hand: Soothe Children's Stress About COVID-19](#)
- Printable: [Safe Place Breathing Icons](#)
- Printable: [Breathing S.T.A.R.](#)
- Printable: [Four Elements of Connection](#)
- Photo and video [examples of breathing techniques](#) in Shubert's School

3. Create your new normal (*Helpful Free Resources*):

- "How-to" and [examples of routines](#) in [Shubert's Home](#)
- "How-to" and [examples of schedules](#) in [Shubert's Home](#)
- Webinar: [Three Vital Steps to Successful Routines with Kim Jackson](#)

4. Give children ways to contribute (*Helpful Free Resources*):

- ["How-to" and examples of Ways to Be Helpful Board in Shubert's Home](#)
- [Examples of focusing on safety and helpfulness during/after a crisis](#)

5. Shift toward seeing the best (*Helpful Free Resources*):

- Webinar: [Tools for Your Parenting Toolbox- The Power of Perception and Power of Attention with Abbi Kruse](#)
- Printable: [Shubert's Heart-Shaped Glasses](#)

[COVID-19: Cinco Respuestas que Pueden Ayudar a Las Familias](#)

[Conscious Discipline Book Portal](#)

Nationwide & Statewide COVID-19 Resources for Undocumented Communities

All

[COVID-19 Resources for Undocumented Communities](#)

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| <p>University of South Florida COVID-19 Resources</p>  | <p>Educators (including tools, videos, stories to use & handouts for parents) and Parents/Families</p> | <p>Helping Children and Families Cope with COVID-19</p> <p>Family Resources for Learning and Behaviors at Home (Family Engagement)</p> <p>Family Routine Based Support Guide Early Elementary (4 to 8 years olds)</p> <p>Parent/Family Educational Handouts on Child Psychology, Behaviors and Learning (Spanish)</p> |
| <p>Audible (Amazon)</p>  | <p>All</p> | <p>Audible Stories</p> <p>Children everywhere can instantly stream an incredible collection of stories, including titles across six different languages, that will help them continue dreaming, learning, and just being kids.</p> <p><i>All stories are free to stream on your desktop, laptop, phone or tablet.</i></p> |
| <p>World Health Organization (WHO)</p>  | <p>Educators/Parents/ Families</p> | <p>Coronavirus disease (COVID-19) advice for the public - PROTECT YOURSELF</p> <p>Healthy Parenting Tips in the Time of COVID-19</p> <p>Spanish Version</p> <p>Mental Health and Psychosocial Considerations During COVID-19 Outbreak</p> <p>Key Messages and Actions for COVID-19 Prevention and Control in Schools March 2020</p> |
| <p>Resources for Special Education</p>   | <p>Educators/Special Education</p> | <p>Downloadable Books</p> <p>Protecting Those You Serve, Co-Workers, and Yourself From COVID-19</p> <p>5 Steps to Get Started in Telepractice</p> <p>Natural Disasters and Relocated Students With Special Needs: Recommendations for Receiving Schools</p> <p>Apps for Students With Special Needs—As School Buildings Shutter</p> <p>Working with Exceptional Individuals during the COVID-19 Pandemic (YouTube Series by School Health)</p> <p>The Council of Autism Service Providers</p> |

[App List for SLPs ~ sorted by goal area ~ over 900 apps, 65 of them always FREE \(updated 2/22/18\)](#)

[Free Text to Speech & Speech to Text \(Voice Recognition\) Programs](#)

[Apple highlights apps to help families manage autism amid the coronavirus](#)

[Ideas for Fun Activities for Teletherapy, Home Visits and Clinic Session for SLPs](#)

Autism Speaks



All

For educators and health professionals:

Health Resources & Services Administration [FAQs](#) for health centers on COVID-19

National Association of Community Health Centers [guidance on telehealth practice](#) during COVID-19

For adults on the spectrum:

[How to cope with disrupted personal routines during COVID-19](#)

[Working from home: Developing a new routine](#)

For more information about applying for unemployment benefits, workers' compensation, welfare or temporary assistance, and other programs and services that can help if you lose your job, visit usa.gov/unemployment.

For families:

[Contact our Autism Response Team \(ART\)](#)

[What does the autism community need to know about COVID-19?](#)

[School closures and disruption of school-based services](#)

[COVID-19 Video Teaching Story from University of Miami – NSU](#)

[Coping with disrupted routines](#)

[Continuing clinical care during social distancing and school/program closures](#)

[Flu Teaching Story](#)

[How To Talk About COVID-19 With People Who Have Autism - NPR](#)

[Supporting Individuals with Autism through Uncertain Times - UNC Frank Porter Graham Child Development Institute Autism Team](#)






[ABA Delivery Rapidly Changing | Social Skills By Telehealth](#)




All

[Working From Home? Here's How to Be More Effective](#) - *Stanford Graduate School of Business*

[Stanford Health Alerts COVID-19](#)

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| <p>Stanford University</p> | | |
| <p>Federal Trade Commission</p>  | <p>All</p> | <p>Avoid Coronavirus Scams - What FTC is Doing</p> <p>Avoid Coronavirus Scams <i>(Spanish)</i></p> |
| <p>SAN MATEO COUNTY</p> <p>California Child Abuse Reporting Information</p>  <div style="border: 2px solid red; padding: 5px; margin-top: 20px;"> <p> COVID-19 PUBLIC CALL CENTER</p> <p> Call 211 For non-emergency, non-medical questions</p> <p> 24 hours a day, 7 days a week</p> </div> | <p>All</p> | <p>Blank Form (BCIA 8583)</p> <p>Reporting Guidelines</p> <p>Child Abuse and Neglect Hotline</p> <p>650-802-7922 or 800-632-4615</p> <p><i>If a child is in immediate danger, please call 911.</i></p> <p>FAX# San Mateo County (650) 592-2289 Mailing address: 1 Davis Drive, Belmont, CA 94002</p> <p><i>24 Parental Stress Hotline 1(888) 220 - 7575</i></p> <hr/> <p>San Mateo County Libraries - Connecting and Exploring with Libraries Online</p> <hr/> <p>San Mateo County Child Care Coordinating Council <i>(available in Spanish)</i></p> <p>San Mateo County LGBTQ Resources</p> <p>San Mateo County Department Service Modifications</p> |

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| <p>Community Overcoming Relationship Abuse (CORA)</p>  | <p>All</p> | <p>CORA Website</p> <p>CORA’s Emergency Shelter and core emergency services remain operative with Crisis Line remaining the primary access point: (1-800-300-1080).</p> <p>Hotline for survivors of domestic violence. Provides counseling, housing, and legal support.</p> <p>Línea telefónica de apoyo para sobrevivientes de violencia doméstica. Proporciona consejería, alojamiento, y apoyo legal. Teléfono: 1(800)300-1080/ 650-312-8515</p> |
| <p>KARA Grief Support</p>  | <p>All</p> | <p>Kara Grief Support Services available during COVID-19</p> <p>Materials That You May Find Helpful</p> <p>Request Services: Call Us 650-321-5272 Submit Online Form En Español</p> |
|  <p>National Domestic Violence Hotline</p> | <p>All</p> | <p>National Domestic Violence Hotline</p> <ul style="list-style-type: none"> ☐ 1-800-799-7233 ☐ 1-800-787-3224 (TTY) <p><i>En Español</i></p> <p>For anyone who may be unable to speak safely, log on to thehotline.org OR text LOVEIS to 22522.</p> |
| <p>Trauma-Informed Practices and Distance Learning National Child Traumatic Stress Network</p>  | <p>Educators</p> | <p>Handouts from Trauma-Informed Practices & Distance Learning Workshop on 3.30.2020</p> <p>Practical Theory: “Doing School” In The Time of Coronavirus</p> <p>NCTSN: Child Trauma Toolkit for Educators</p> <p>Psychological and Behavioral Impact of Trauma: Elementary School Students</p> <p>Psychological and Behavioral Impact of Trauma: Middle School Students</p> <p><i>(available in Spanish)</i></p> |

